



Wellspring Women's Center's 2023 Holiday Wishlist

Donating items on this list to Wellspring Women's Center ensures our ability to provide life-saving resources to the women and children we serve. Please consider donating any of the items listed to offer the gift of hospitality with dignity and love to our community!

Nutritious Meal Program

- Tea (herbal, black, green)
- Ground Coffee
- Sugar/Sweetener Packets
- Coffee stirrers
- Olive or Canola Oil
- Jams/Jellies
- Oatmeal (bulk or packets)
- Cereal (low sugar)
- Plastic/ Compostable Utensils
- Paper Towels
- Toilet Paper
- Compostable Food Containers

Children's Corner Program

- Baby Wash/ lotion
- Disposable Diapers (especially sizes 4-6 and Pull-ups)
- Baby Formula (Enfamil preferred)
- New baby bottles/sippy cups
- New baby onesies/bibs

Women's Wellness/ Safety-Net Program

- Adult Pull-up Diapers
- New women's Underwear
- Toothbrushes and Toothpaste
- Menstrual Pads
- Travel-sized Toiletries: Soap, Shampoo, Conditioner, Lotion
- Deodorant
- New Sweat Pants Size L -XXL
- Bed Pads
- Grocery Gift Cards/ Gas Cards \$10-\$20

Art of Being Program

- Gift Cards: Blick Art Supplies, JoAnn, Amazon
- 9x12 Mixed Media/ Watercolor Paper
- Yarn
- Adult Scissors
- Adult Coloring Books
- Fine-point Markers of all types i.e. metallic, colored, permanent.

Too busy to shop this holiday season? Consider making a monetary donation or shopping through Amazon to have your donation shipped directly to us! Scan the QR codes below to get started or visit our website at wellspringwomen.org

Questions? Email jessica.m@wellspringwomen.org



Monetary
Donations



Shop on
Amazon

Donation Deliveries:
3414 4th Avenue, Sacramento CA 95817
Please deliver to the back door
Monday through Friday
from 8:30am-3:30pm

Please ensure all donations are made
by Friday, December 22nd
Our center will be closed for the
holidays from 12/23/23 to 1/2/24

Please direct donations of used clothing, household goods, and other items not listed on our Holiday Wishlist to the following organizations: Union Gospel Mission, St. Vincent De Paul Society, and/or Goodwill