



# Wellspring Women's Center's 2024 Holiday Wishlist

Donating items on this list to Wellspring Women's Center ensures our ability to provide life-saving resources to the women and children we serve. Please consider donating any of the items listed to offer the gift of hospitality with dignity and love to our community!

## Nutritious Meal Program

- Tea (herbal, black, green)
- Ground Coffee
- Sugar/Sweetener Packets
- Coffee stirrers
- Healthy Snack Items
- Jams/Jellies
- Oatmeal (bulk or packets)
- Cereal (low sugar)
- Plastic/ Compostable Utensils
- Paper Towels
- Toilet Paper
- Compostable Food Containers

## Children's Corner Program

- Baby Wash/ lotion
- Disposable Diapers (especially sizes 4-6 and Pull-ups)
- Baby Formula (Enfamil preferred)
- New baby bottles/sippy cups
- New baby onesies

## Women's Wellness/ Safety-Net Program

- Adult Pull-up Diapers
- New women's Underwear
- Toothbrushes and Toothpaste
- Menstrual Pads
- Travel-sized Toiletries: Soap, Shampoo, Conditioner, Lotion
- Deodorant
- New Sweat Pants Size L -XXL
- Bed Pads
- Grocery Gift Cards/ Gas Cards \$10-\$20

## Art of Being Program

- Amazon or Visa Gift Cards (\$20-\$100 for sewing supplies)
- 9x12, 11x14, and 18x24 Mixed Media/ Watercolor Paper
- Yarn
- Sewing Scissors
- Adult Coloring Books
- Fine-point Art Markers



Too busy to shop this holiday season? Consider making a monetary donation or shopping through Amazon to have your donation shipped directly to us! Scan the QR codes below to get started or visit our website at [wellspringwomen.org](http://wellspringwomen.org)

Questions? Email [jessica.m@wellspringwomen.org](mailto:jessica.m@wellspringwomen.org)



[Monetary  
Donations](#)



[Shop on  
Amazon](#)

**Donation Deliveries:**  
**3414 4th Avenue, Sacramento CA 95817**  
Please deliver to the back door  
Monday through Friday  
from 8:30am-3:30pm  
Please ensure all donations are made  
by Monday, December 23th  
Our center will be closed for the  
holidays from 12/24/23 to 1/2/24

Please direct donations of used clothing, household goods, and other items not listed on our wishlists to the following organizations: Union Gospel Mission, St. Vincent De Paul Society, and/or Goodwill